

FAQ'S

Do I need climbing experience or advanced physical fitness to participate at the ropes course?

~ Absolutely not. The ropes course is designed to create personal and group development. We aim to enforce existing capabilities and disprove established restrictions, rather than highlight individual limitations.

Does the program continue during inclement weather?

~ Yes. We work in the sun, rain and snow. The only time that programs are cancelled is due to high winds or thunderstorms.

What should I wear to the ropes course?

~ The ropes course is a fully **OUTDOOR** facility. Please dress for physical activity and for the weather.

Sun – Shorts and t-shirt are acceptable but keep in mind that it is often quite a bit cooler in the shade of the trees. Long pants may be advisable for those concerned about insect bites.

Rain – Wear waterproof clothing and shoes. Toques, hoods and hats are always useful.

Snow – Wear warm footwear, and insulated, waterproof clothing.

** Wear clothing you do not mind getting dirty

Are there washroom facilities provided?

~ There is an accessible outhouse on site; however, there is no running water at the ropes course.

Is lunch provided?

~ Unless arranged in advance the ropes course does NOT provide food for groups. There are no cooking appliances, sinks, refrigerators, freezers, coolers, or water fountains available at the ropes course. Please bring a sack lunch, water and snacks to keep your energy high.

I am apprehensive about heights, do I need to climb?

~ Absolutely not. The ropes course operates on a policy of "Challenge by Choice." Participants choose their own challenges and are never forced to participate in anything that causes extreme anxiety.

Is the ropes course safe?

~ Most definitely. The ropes course uses only state of the art equipment and highly trained facilitators. Equipment is routinely inspected and any equipment that is suspect will not be used. Most hardware on the course is rated for approximately 5000 lbs and many activities work on the basis of perceived risk as opposed to actual risk.

Are there first aid stations?

~ There is first aid equipment at the ropes course. As well, the majority of our facilitators are qualified in providing first aid if necessary.

Is there a telephone available at the course?

~ No. There are no telephones, computers or fax machines available at the ropes course.

Do I need to bring any equipment to the ropes course?

~ No. Harnesses, helmets and any other equipment needed will be provided at the ropes course. However, if you have your own climbing equipment you are more than welcome to bring that to the course with you.

Are there any indoor warming facilities?

~ No. The UBC Ropes Course is entirely an outdoor facility. In the event of rainy/snowy weather tarps and tents are provided for refuge from the weather; but, please remember

that there is no source of heat at the ropes course so dress appropriately. In the sunnier months the trees provide more than adequate shade to keep participants cool.

Is there an age requirement to participate at the ropes course?

~ No. Nevertheless, neither our course nor equipment is specifically designed for young children. Ideally children should be no younger than 10 to reap the full benefits of the ropes course. If you would like to bring out a group younger than 10 please contact Pacific Adventure Learning for more information.

Is there parking at the ropes course?

~ Yes. The ropes course shares a parking lot with Thunderbird Stadium. Please keep in mind there is a charge for parking.

Are the bus stops near the ropes course?

~ Yes. The #49 and #41 buses both pass by the ropes course. From either direction the bus stop closest to the course is on the far side of the East Mall & West 16th intersection. The #25 stops approximately 2 blocks from the ropes course.

Is the ropes course accessible?

~ Absolutely! Our course is designed to be fully accessible to all participants. High elements such as the Stage Coach and Angel's Loft are designed specifically for accessible participants. Please contact Pacific Adventure Learning for more information.

