



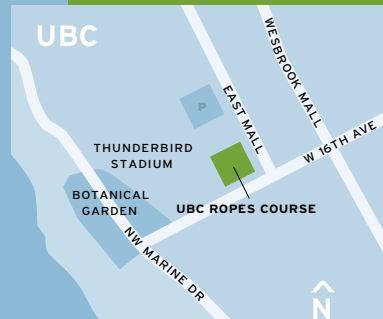
YOUR  
TEAM



**ON UBC CAMPUS**

The UBC Ropes Course is located on the campus of The University of British Columbia, in Vancouver BC. With on site catering, conference and accommodation facilities for groups ranging from 12 participants and up, it's the perfect choice for student leadership programs, corporate/organizational team development, faculty courses, school programs and summer camps, and sports teams.

**HOW TO GET THERE**



For more information or to arrange a booking, please contact:

**UBC ROPES COURSE**  
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**THE UBC ROPES COURSE  
AT THE UNIVERSITY OF BRITISH COLUMBIA**



CHALLENGE  
LEARN

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THE UNIVERSITY OF  
BRITISH COLUMBIA



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## EXPERIENCE · CHALLENGE · LEARN

The UBC Challenge Ropes Course, operated in partnership between The University of British Columbia and Pacific Adventure Learning (PAL), provides a wide range of **leadership** and **team building** initiatives. Our adventure based learning programs present groups with specific challenges that require communication and cooperation to solve.

### THE LOW COURSE

A series of 20 team based experiences that physically and mentally engage participants to develop and execute a plan. These activities draw on every team member's ideas, support, and efforts helping to catalyze personal and group development.

### THE HIGH COURSE

A series of group problem solving challenges and initiatives constructed among the trees at our forest facility where some participants may be high off the ground, safely belayed on climbing systems.

Each of our high ropes events is designed to challenge a different personal or team quality, such as problem solving, communication or teamwork.

### A PROVEN APPROACH

Research shows we learn best by doing. Experiential learning engages your body as well as your mind, so that you have a *long-lasting, personal experience of a lesson learned*. After an activity, participants are

guided through a reflective process so that abstract concepts and theory can be integrated with practical experience. These insights and experiences are then transformed into generalizations that can be applied to other life situations.

### SAFETY

Our highly trained and certified facilitators use the *Challenge by Choice* philosophy to ensure physical and emotional safety. *Challenge by Choice* encourages respect for one another and promotes the skill of making one's own choices free of peer-group pressure so everyone—regardless of physical ability—can participate.

### CUSTOM DESIGN

Each group's goals may be different. PAL works with each client to create a customized experience that reinforces the key learning objectives of the day in a transferable and applicable format.

### CORE BENEFITS

**Team Development** — The UBC Ropes Course promotes experience-based problem solving that creates strong bonds among group members while building trust and commitment. These shared adventures help people realize that they are more capable and resourceful than they imagine.

**Leadership Cultivation** — Our programs focus on how to communicate, motivate, and lead. Participants receive plenty of practical experience in working through existing and anticipated challenges as both a leader and a team member.



***"The highlight of our MBA Orientation program is the UBC Challenge Ropes Course. More than ever before, the corporate world today revolves around teamwork. You teach students what it takes to have a successful group."***

ANNE DEWOLFE  
ASSISTANT DEAN, MBA PROGRAMS  
SAUDER SCHOOL OF BUSINESS  
THE UNIVERSITY OF BRITISH COLUMBIA